

## **Introduction to 'The Emotional Wellbeing Team'**

Dear Parent/Carer

The Emotional Wellbeing Team will be in Reculver C of E Primary School from January 2021. We are trained Emotional Wellbeing Practitioners, and are employed by our local NHS trust. Our role has a variety of aspects, and there are different ways we can offer support to the school. This includes, but is not limited to:

- Parent Intervention (1:1 or Group Sessions) for Child Anxiety or Child Behaviour
- Parent Workshops
- Staff Training
- Signposting

There will be further information about our service shortly, so please keep an eye on the school website for this! If you have any questions then please contact Mr Grainger (Director of Mental Health and Wellbeing).

The Emotional Wellbeing Practitioner that will be based in your school is Clare.



**Clare (EWP)**

*'Most looking forward to building therapeutic relationships with young people, children and their families to have a positive impact on emotional wellbeing'*