



Reculver Church of England Primary School

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Headteacher: Mrs Jenny Ashley-Jones BA Ed (Hons)

Deputy Headteacher: Mrs Stella Collins BA (Hons)

Thursday 16th June 2016

Dear parents/carers,

Science/D&T Day - Healthy Eating - Monday 27th June 2016

The children have been learning about healthy eating and the benefits of eating locally grown seasonal produce and to support our current science topic we are planning on making healthy pizzas.

We will provide the children with the ingredients to make a wholemeal pizza base and tomato topping and would like the children to bring in a healthy additional topping(s) of their choice. The items will need to be pre-prepared. The pizzas will be cooked in the school kitchen and the children will eat them in the afternoon.

If there is any food that your child needs to avoid, please let their class teacher know.

We would also like the children to wear an apron and a head covering as we would like to remind them of the importance of hygiene when preparing food. (If you do not have an apron, an oversized clean tee shirt or shirt will be fine.)

The children will be put into groups of 4 and each **group** will need:

- A large plastic mixing bowl
- A plastic measuring jug
- A tablespoon
- A teaspoon
- A rolling pin
- Weighing scales

We are sure that it will be an enriching experience for the children combining many elements of our curriculum and are very grateful for your support.

Yours sincerely,

Mrs Papageorghiou, Mrs Wright and Mr Norton

The year 5 team

