



# Reculver Church of England Primary School

Hillborough

Herne Bay

Kent CT6 6TA

Tel: 01227 375907

Fax: 01227 742761

E mail: [administration@reculver.kent.sch.uk](mailto:administration@reculver.kent.sch.uk)

**Headteacher:** Mrs Jenny Ashley-Jones BA Ed (Hons)

**Deputy Headteacher:** Mrs Stella Collins BA (Hons)

Tuesday 7<sup>th</sup> June 2016

Dear Parent/Carer

As part of the school's Personal, Social and Health Education programme this term your child will receive lessons on relationships, sexual health and puberty.

The purpose of Relationship and Sex Education (RSE) is to provide facts about the human body, how we change and grow and issues surrounding personal hygiene. Within KS2 we will provide knowledge and understanding of how the human body changes during puberty and the processes of human reproduction, within the context of relationships based on love and respect. It should develop understanding and attitudes which will help pupils to form relationships in a responsible and healthy manner and to appreciate the value of stable family life, including the responsibilities of parenthood and marriage.

If young people can start their transition into adulthood with good information and the confidence and knowledge to understand what is happening to them, they will hopefully grow into confident and healthy adults able to make positive choices. This can start with learning the basics about growing up and the sessions in school may reinforce what you are already doing at home.

The key aims of RSE are to:

- 1 Provide accurate and relevant information about the physical and emotional changes that children and young people will experience through their formative years and into adulthood.
- 2 Establish an awareness of the importance of stable family life and relationships, including the responsibilities of parenthood and marriage.
- 3 Foster self-awareness and self-esteem.
- 4 Develop a sense of responsibility and respect for themselves and others.

All teaching materials are appropriate to the age and emotional maturity of the pupils concerned and the teachers will aim to present the programme in an objective, balanced and sensitive manner.

I have attached an overview with this letter to explain the sessions that your child will receive. This will explain the areas we are planning to cover. My hope is to develop a partnership between home and school so that you are aware of what we are discussing at school and that you can continue these discussions at home if you wish.

The topic areas covered within Year R include 'Our Day', 'Keeping Ourselves Clean' and 'Families'. The aim is to introduce the children to themselves, their bodies and their families. The lessons are discussed based and we aim to make them as fun as possible.

Many thanks,

Miss Vikki Wood

(PSHE leader)

