



# Reculver Church of England Primary School

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Head teacher: Mr J Fox BA Hons, PGCE, NPQH

Deputy Headteacher: Mrs J Ashley-Jones B.A (Ed) Hons

Dear Parents/Carers,

26<sup>th</sup> March 2015

## Science/D&T Day – Healthy Eating - Tuesday 31<sup>st</sup> March 2015

The children have been learning about healthy eating and the benefits of eating locally grown seasonal produce and to support our current topic we are planning on making healthy pizzas.

We will provide the children with the ingredients to make a wholemeal pizza base and tomato topping and would like the children to bring in a healthy additional topping(s) of their choice. The items will need to be pre- prepared. The pizzas will be cooked in the school kitchen and the children will eat them in the afternoon.

If there is any food that your child needs to avoid, please let their class teacher know.

We would also like the children to wear an apron and a head covering as we would like to remind them of the importance of hygiene when preparing food. (If you do not have an apron, an oversized clean tee shirt or shirt will be fine.)

The children will be put into groups of 4 and each **group** will need:

- A large plastic mixing bowl
- A plastic measuring jug
- A tablespoon
- A teaspoon
- A rolling pin
- Weighing scales

We are sure that it will be an enriching experience for the children combining many elements of our curriculum and are very grateful for your support.

Yours sincerely,

Mrs Papageorghiou, Mrs Caplan and Mr Caple

The year 5 team.